

An illustration of a young girl with blonde hair in a ponytail, wearing a white t-shirt and blue jeans, holding a globe. A small black and white dog wearing a blue and white striped sweater is standing next to her. The background is a light blue sky with floating hearts and a circular path of light. Several circular icons showing diverse couples are arranged around the girl and dog. The text 'Activity Guide' is written in large, bold, yellow letters with a black outline, centered over the globe.

Activity Guide



Meet Emma & Luke: Character Connection

Purpose: Strengthen reading comprehension and connection

Time: 10 minutes

Instructions: Describe Emma and Luke using three adjectives and briefly explain your choice.

Recommended activity: Draw yourself with a friend or pet showing kindness and invite children to share and describe their drawing with the group.

Display drawings as a 'We Belong Together' gallery.



World Explorers!

Purpose: Build empathy and cultural awareness

Time: 5–10 minutes

Instructions: Show participants an illustration from Emma and Luke and ask them:

- What do you see?
- What do you notice about the people, the clothing or the setting?
- What do you think the people in the picture might be feeling? Why?

Recommended activity:

Create a 'Cultural Wall' with sticky notes. Draw or write what you know about other cultures.

Why do you think it is important to learn about other countries?



Paint the World

Purpose: Understand that the world is beautiful, vibrant and filled with many different people, culture and colors

Time: 30 minutes

Instructions: Begin with a short discussion about the world.

What is “the world” to you?

Do you think everyone in the world looks and lives the same way we do?

What do you know about other places or people?

Recommended activity:

Encourage each participant to draw “how they see the world” and invite them to describe what they drew.



Flavors of the World

Purpose: Help participants discover that many of their favorite foods come from different countries around the world.

Time: 15 minutes

Instructions: Begin by discussing with participants some of their favorite foods. (sushi, pizza, tacos, dim sum, spaghetti)

Ask them what it is that they like about those flavors and if they knew they come from other countries.

Recommended activity:
Play choose and match. Say the name of a food and match it to the country of origin.

Where in the World?

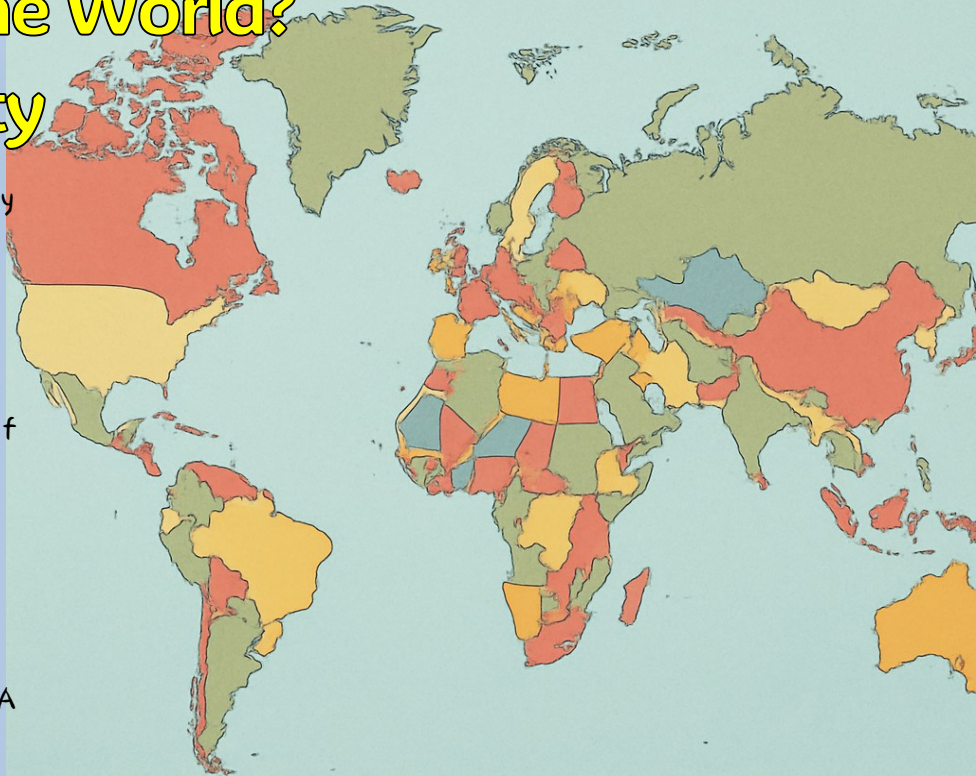
Map Activity

Purpose: Explore geography and cultural diversity

Time: 15–20 minutes

Instructions: How many countries can you name? If a country is named, write it on the board.

Recommended activity: Ask participants to name something they think represents that country. (A landmark, a traditional food, a national flag, or something else)





Love Language Say Hello!

Purpose: Celebrate multilingualism

Time: 15 minutes

Instructions: Learn how to say 'hello' or 'thank you' in 3–5 languages.

Practice greeting each other.

Discuss how accents are beautiful and normal.

What language would you like to learn?



Emma and Luke. Better Together
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Let's do good!

Purpose: Promote acts of kindness

Time: 15 minutes

Instructions: Invite participants to sit together in a circle. Give each participant a kindness token (a paper heart, a colored stone, a piece of paper). Ask:

- Have you helped someone lately?
- Was this person from another country?

Recommended activity: Each time a participant shares, have them put their token on the floor or table. As the activity progresses, observe how the tokens come together, illustrating the collective impact of our positive actions.